

# Indicators for personal care

If your patient is managing the challenges of a chronic disease, recovering from an illness or injury, or having difficulty with daily tasks, consider enlisting the help of personal care services professionals. Our program offers personal care aide services.

Every patient's recovery is different. Some require ongoing care, while others need service for only a few hours each week. Personal care services are available 24 hours a day, seven days a week to help patients and families attain the quality of life they deserve.

Our dedicated caregivers offer in-home care and companionship, as well as personal assistance with everything from grooming and light housekeeping to transportation and errand running.

Our personal care services program is an affordable and personalized care option that offers a wide range of services to patients at home or in a medical facility. Our team of home care aides are dedicated to providing high-quality, compassionate care at home.

If your patient could benefit from any of the following services, consider personal care:

## Personal care aide:

- Assistance with grooming, bathing, and dressing
- Medication reminders
- Meal preparation and assistance with feeding
- Light housekeeping
- Respite care
- Caring companionship and socializing
- Errand services (grocery store, post office, etc.)
- Transportation (doctor's appointments, church services, hair appointments, etc.)
- Mobility, transferring, and positioning assistance
- Toileting or incontinence care
- Oral hygiene
- Sitting with hospitalized patients

**Contact your local provider today for more information.**

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